

Trinity Christian School Warrior Athletic Handbook



He > we > me
(John 3:30)

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1. Athletic Theme Verses

- A. **Phillipians 4:13** - “I can do all things through him who strengthens me.”
- B. **Hebrews 10:24-25** - “And let us consider how to stir up one another to love and good works, not neglecting to meet together, as is the habit of some, but encouraging one another, and all the more as you see the Day drawing near.”
- C. **1 Corinthians 10:31** - “So, whether you eat or drink, or whatever you do, do all for the glory of God.”

2. Purpose of Athletics at Trinity Christian School

- A. The overall purpose of our Athletic Program at Trinity Christian School is to assist the school in developing Christian character in students to do our best for the Lord (**Colossians 3:23**). The first part is our action, and the second part is our motivation. The end result will ultimately be to bring honor and glory to the Lord Jesus Christ by:
 - 1. Providing instruction in the use of the body to reflect the glory of God through sports.
 - 2. Applying the principle of the “well-rounded” person illustrated in (Luke 2:52) through the integration of academics, athletics and social activities.
 - 3. Promoting the Biblical definition of “Winning”:
 - A) Doing our best (Col. 3:23a) - *Action* ; For the Glory of God (Col. 3:23b) - *Motivation*

- B) Physically Winning (1 Cor. 9:24) - *Scoreboard*
- C) Life Wins (Phil. 1:27) - *Testimony*
- D) Acknowledge God in all areas. (1 Thess. 5:18) - *Win or Lose*
- E) Pray for His guidance in striving to be a true winner. (Phil. 4:13)

4. Involving the student body, parents, faculty and staff in developing school unity and spirit.
5. Maintaining a clear Christian testimony to the opposing schools, officials and others in the public with whom we make contact through words and actions.

B. Individual Objectives to be Developed

1. Development of the physical body through the varied abilities granted to each individual athlete.
2. Development of the attributes of God which will include integrity (2 Cor. 8:21), self-control (Prov. 25:28), obedience (Eph. 6:5), humility (Luke 18:14), love (Gal. 6:10), dedication (Prov. 20:6), self-denial (Phil. 2:4), patience (Col. 3:12-13), forgiveness (Eph. 4:32), thankfulness (Ps. 100:4-5), and contentment (1 Tim. 6:6).
3. Application of good sportsmanship by the demonstration of the following:
 - A) Respect for the opposition at all times.
 - B) Respect for the officials at all times.
 - C) Knowledge, application and appreciation of the rules of the game.

D) Self-Control

E) Recognition of an appreciation for skilled performance regardless of affiliation.

3. Warrior Athletic Philosophy

The Trinity Christian School athletic program is committed to glorifying God by pursuing excellence in all team sports while using competition as a training ground for life in a challenging, competitive world. The student athlete's character is developed through the teaching and application of humility, integrity, discipline, hard work, commitment, obedience, and a healthy competitive spirit. Through the guidance of their coaches, teachers, and parents, TCS Athletes should be developed into spiritual leaders who will make a difference in a world who rejects Christ. TCS Athletes will understand the foundational truth that their self-worth is not based upon their performance or record, but they were created in the image of God to be used for His purpose and to give Him glory.

Our program will teach and promote to all athletes, parents, and fans the proper motivation for excelling: "And whatever you do in word or deed, do it ALL in the name of the Lord Jesus, giving thanks to God the Father through Him."
(Colossians 3:17)

Above all, TCS Athletes should be known for their Christian Attitude both on and off the competition field.

4. Effective Parent / Coach / Player Relations

A. Love One Another. (John 13:34)

1. "A new commandment I give to you, that you love one another: just as I have loved you, you also are to love one another."

B. Respect One Another. (Romans 12:10)

1. "Love one another with brotherly affection. Outdo one another in showing honor."

C. Pray for Each Other. (2 Corinthians 1:11)

1. "You also must help us by prayer, so that many will give thanks on our behalf for the blessing granted us through the prayers of many,"

D. With full recognition of and respect for parental responsibility under God, it must be kept in mind that, for athletic participation, parents have delegated the responsibility and authority for their child to the coach. There will be direct and indirect impact on your child if things such as the following occur:

1. Parental coaching "from the stands". This can only be detrimental to the athlete and program. A coach needs the full attention and concentration of his or her players. During practices and games, the player "belongs" to the coach. Uninvited parental intervention during these times is a serious distraction and a hindrance to the program.
2. Parents negatively approaching a coach or their child "on the bench" during the game, half-time or immediately after a game will not be Overlooked. A coach should be able to expect full support from both player and parent.

E. How Do I Get My Questions Answered or Give Input?

1. Those parents desiring to have input should use proper communication channels and procedures. The first course of action is to speak with the coach by scheduling an appointment with them to discuss your concerns in private when he or she can offer you their undivided attention. If your concern/input is not sufficiently responded to then address the Athletic Director and the school administrator, in that respective order.

F. Support is Expected

1. It is reasonable to expect that any parent that permits his or her child to come out for a team, should be supportive of the coach. Well-placed constructive criticism given privately to a coach is welcomed, but simply airing negative opinions to those around should not be expressed.

G. Each head coach will have the responsibility and authority to determine which Players are entered into the competition at what point and for how long. His or her determination in this area will be made on the basis of what will best benefit the team as a whole. This does not mean that there will be absolutely

no consideration given to the individual needs of an athlete, but it does mean that instruction and guidance on making a total team effort is of primary significance in this particular educational experience at TCS.

5. Description of TCS Athletic Program

A. Affiliation

1. Trinity Christian School is affiliated with the Heartland Christian Athletic Association. (HCAA)

2. All athletic contests are operated under the rules and regulations governing that sport by the National Federation of High School Athletics.
(NFHS)

3. All officials used at games are currently certified under the N.F.H.S.

B. Programs Offered

1. (Subject to athlete support and participation)
 - a) Football
 - b) Cross Country
 - c) Boys Basketball
 - d) Girls Basketball
 - e) Cheer
 - f) Baseball
 - g) Softball
 - h) Track
 - i) Golf

6. Facilities / Field / Equipment

 A. All damage to facilities or equipment should be reported to the Athletic Director
as soon as possible.

B. No athlete will be allowed in the weight room or equipment room without the

consent of the Athletic Director or a coach.

C. All equipment / facilities will be handled with the utmost care and respect.

D. No street or dress shoes shall be worn on the gym floor.

E. Use of equipment should be limited to the sport for which it is intended.

F. All equipment should be returned to its proper storage area after use.

G. Uniforms are to receive the utmost care. Any damage to or loss of uniforms will be the responsibility of the athlete to whom it was issued.

7. Locker Room Conduct

A. Locker rooms are to be left organized and clean at all times.

B. There shall be no horseplay in the locker rooms at any time. This can lead to injury or damage of property.

C. All personal items are the responsibility of the individual athlete. Valuables should be kept in the locker and will not be the responsibility of the school.

D. No glass containers of any kind should be taken into the locker room.

E. Any athlete involved in intentionally damaging a home or away locker room will pay for the repairs and receive a one game suspension.

8. Eligibility

_____A. Only eligible students are allowed to participate in interscholastic athletics. Eligibility will be determined every two weeks during the season.

1. Students must maintain an overall "70" average with no failing grades.

2. ALL courses will apply

3. Should an athlete have a failing grade for a specific class or fall below a

“70” average, the student will be placed on athletic academic probation. the terms are as follows:

- a) The athlete will continue practice during the period, however, they are not eligible to play or travel with the team.
- b) Athletes and parents will be notified of academic ineligibility with a form that must be signed and returned.
- c) If a student is placed on academic probation 3 times within a specific season they will be removed from the team.
- d) Any student who misses an assignment must arrange to make work before continuing to compete in any athletic event.
- e) Quitting - Once a student has made the decision to be a part of a Team, he or she has made a commitment. Athletes that quit will not be eligible to participate in the next sport offered at TCS.

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B. An athlete must be in school the day of a game if he or she expects to play.

1. An athlete will not miss practice or games unless in the case of an emergency.
2. An athlete that misses a practice before a game may not be eligible to start the next game.
3. Excessive absence from practice or games could result in being dismissed from the team.
4. If an athlete is absent from practice he or she may be required to perform extra duties.
5. All athletes should strive to be Godly role models for other students. If an athlete fails to maintain proper conduct he or she may be removed from the team.

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9. Guidelines for Away Trips

A. Conduct

1. All athletes are representatives first of our Lord Jesus Christ, second of their parents and family, and third Trinity Christian School and the athletic department. This responsibility should not be taken lightly.
2. Athletes are expected to conduct themselves as ladies and gentlemen at all times. On and off the field or court.
3. There should be no horseplay happening on the buses at any time. Athletes are to prepare and focus themselves for competition on the ride over to the opposing teams facilities.
4. Males and females will not be allowed to sit in the same seats together. They will be seated in different areas of the bus and will be separated by the coach.

B. Dress

1. We want our athletes to look sharp and modest. We are representing Christ and TCS. Athletes should take pride in personal appearance.
2. The dress standards of TCS should be followed at all times. The coach or Athletic Director may require the athlete to adhere to a particular standard for the team.
3. When returning home from an away game the team will either be in complete uniform if they traveled that way or will adhere to the dress code set by the coach.

C. Vehicles

1. Buses are to be kept clean at all times. This is the responsibility of every athlete that is riding the bus or van.
2. Any damage done to the bus or van from horseplay or carelessness

will be the responsibility of the individual(s) who cause the damage.

3. Athletes may not stand or sit in the entryway while the bus or van is in motion.

D. Return Trips

1. Athletes may ride home with immediate family members only. Unless prior written notice is given to the coach and then it must be an adult, not another student.
2. If parents will be picking up the athlete at the school, please be prompt. We will do our best to be on time and ask that you do your best to be on time too.
3. If the bus will be early or late by 20 minutes or more, the coaches will have the athletes notify their parents and a message will be sent out via the remind app.

10. Technical Fouls / Cautions / Ejections

- A. Any athlete receiving a technical foul or unsportsmanlike conduct penalty will be removed the competition and will remain out for a period deemed necessary by the head coach.
- B. Any player receiving a technical foul or unsportsmanlike conduct penalty in two consecutive games may be suspended from the next competition.
- C. Any player that is ejected from a game for any reason will be on automatic suspension until further instructions are provided from the Athletic Director.
- D. If, at the discretion of the Athletic Director or head coach, an athlete displays consistent attitude or behavior which is contrary to the direction of our athletic program at Trinity Christian School, the parents will be contacted for a conference. If the behavior continues, he or she may be removed from the program.

11. Practice

- _____A. Practices are very important to each teams success, and attendance will be

required.

- B. A player should not be absent from practice (except in the case of illness or an emergency) without permission from his or her head coach at least 24 hours prior to the absence.
- C. Players will not be excused from practice or team responsibilities for outside jobs.
- D. Unexcused absences from a practice will be handled by the individual head Coach. Excessive unexcused absences may result in removal from the team.
- E. Practice attire will be assigned on a team bases by the head coach and should be followed at every practice.

12. Rosters / Schedules / Parent Meetings

- A. At the beginning of each season, game schedules will be produced and distributed from the athletic office. These schedules will be as up-to-date as possible. Changes may occur during the season which will affect the schedule.
- B. In the event of inclement weather, please check your “Remind” account for delays or cancellations.
- C. There will be a parent/guardian meeting at the beginning of the year held by the Athletic Director. Outside of that, meetings will be led by individual coaches per sport.

13. Athletic Spectator Guidelines

- A. Please be respectful of all facilities and opposing teams.
- B. Spectators should be dressed modestly and appropriately.

- C. Do not “BOO” or make degrading remarks at any time.
- D. Remain off the field or court before, during and after games.
- E. Pick up and dispose of your own trash after the games.
- F. Fans are not to make any remarks or comments directed to the officials.
Once the game has begun, the officials and Athletic Director are the governing agents. Questions and concerns may be brought to the Athletic Director.
- G. Please help in any way possible with clean-up after games. Your help is greatly needed and appreciated.
- H. CHEER ON YOUR WARRIORS!

14. Athletic Physicals / Emergency Data Sheets

- A. Every athlete is required to have a physical examination form and emergency data sheet filed with the school before he or she will be allowed to practice or participate in the athletic program.
- B. A physical form may be obtained from the athletic office, most doctor offices have this standard form on-hand.
- C. Any athlete who has been restricted from participation because of an illness or injury at any time during the season must secure a doctor’s release in order to be eligible to participate with the team.

15. Playing Time

- A. The amount of playing time and starters will be determined by the head coach.
- B. Simply being a part of the team does not guarantee playing time.
- C. Several factors may determine who plays and how much time they play. Listed below are some examples:
 - 1. The level of play.

2. Individual's performance at practice and during games.
 3. Individual's attitude at practice, while traveling or even on the bench.
 4. Individual's skill level.
 5. Attendance and commitment to practices and the team.
- D. If questions regarding playing time arise, have your athlete speak with the head coach the following day after a game.

16. Awards

A. Awards are used and given in TCS athletics for two general purposes:

1. Recognition of God-given ability and achievement.
2. Motivation

B. Awards are issued at the athletic awards banquet held at the end of the year. Recognition is given to each sport.

C. Varsity Letters

1. The purchase of letterman jackets is the sole responsibility of the individual athlete.
2. Under normal conditions, in order to earn a letter, an athlete must play in half of all the quarters of all games, be currently enrolled as a student at TCS, and have remained on the team for the complete season.
3. An athlete that is dismissed from a team for academic or disciplinary reasons by the school administration is ineligible for athletic awards and will not letter.
4. An athlete that "quits" a team or is removed from a team by the parents prior to the end of the season is ineligible for athletic awards and will not letter.

**Trinity Christian School
Athletic Department
Athlete and Parental Agreement**

Please sign, date and return this form to the Athletic Department. Athletes will not be eligible to compete until this form is completed and returned.

Athletes Agreement

I have read the entire Athletic Handbook, understanding that participating in athletics is a privilege and agree to abide by its standards and policies. I agree to support them both in spirit and practice and understand that failure to follow these policies and procedures may result in loss of privilege.

Athlete's Signature: _____

Date: _____

Parental Agreement

I have read the entire Athletic Handbook and fully support the enforcement of its policies and procedures. I agree to support the coaching staff and their decisions, as they are the delegated authority in my son's or daughter's participation in Trinity Christian School Athletics.

Parent's Signature: _____

Date: _____